

# HEALTH

The health and safety of our students, school staff members and our community members is very important to us at USD 439. We will be working with our state and local health department very closely. It is anticipated there will be frequent updates to this section as the situation with COVID-19 is constantly evolving.

## FACE COVERINGS AND MASKS

- Per Executive Order No. 20-59 all students, faculty, staff, vendors and other visitors to public or private K-12 school attendance centers to **cover their mouth and nose** with a mask or other face covering at all times **except** as described below:
  - a. While eating;
  - b. While working—other than to prepare food or meals—in a room or office that is (1) not open to students or visitors and (2) in which all individuals present can maintain a 6-foot distance from other individuals with only infrequent or incidental moments of closer proximity;
  - c. While engaged in an activity during which it is unsafe or impossible to wear a mask or other face covering;
  - d. Children who are not students and are 5 years of age or under—children age two years and under in particular should not wear a face covering because of the risk of suffocation;
  - e. Persons with a medical condition, mental health condition, or disability that prevents wearing a face covering—this includes persons with a medical condition Page 2 of 3 EO 20-59 for whom wearing a face covering could obstruct breathing or who are unconscious, incapacitated, or otherwise unable to remove a face covering without assistance; **Medical verification will be required.**
  - f. Persons who are deaf or hard of hearing, or communicating with a person who is deaf or hard of hearing, where the ability to see the mouth is essential for communication;
  - g. Persons for whom wearing a face covering would create a risk to the person related to their work, as determined by local, state, or federal regulators or workplace safety guidelines; and
  - h. Persons engaged in any lawful activity during which wearing a mask or other face covering is prohibited by law.
- Per Executive Order No. 20-59 definition for "Mask or other face covering" means a covering of the nose and mouth that is secured to the head with ties, straps, or loops over the ears or is simply wrapped around the lower face. A mask or other face covering can be made of a variety of synthetic and natural fabrics, including cotton, silk, or linen. Ideally, a mask or other face covering has two or more layers. A mask or other face covering may be factory-made, sewn by hand, or can be improvised from household items such as scarfs, bandanas, t-shirts, sweatshirts, or towels.
- All face coverings and masks must follow the school's dress code policy. Masks that contain profanity, inappropriate materials, or disruptive will not be allowed

- If face coverings/masks are deemed inappropriate by Administration the student will be given a disposable mask and their mask will be available to pick up at the end of the day.

## **HYGIENE MEASURES**

- All students and staff are required to wash their hands/use sanitizer when arriving at school and every hour.
- Handwashing with soap and water for at least 20 seconds will be taught and reinforced. Increased monitoring will be implemented to ensure adherence among students and staff.
  - If handwashing is not possible, hand sanitizer will be used.
  - Hand hygiene stations with hand sanitizer will be located at entrances of the building.
- Staff and students will be encouraged to practice social distancing. Social distancing is defined as physical separation of a minimum of 6 feet.
- Staff and students will be encouraged to sanitize their backpacks and personal items at the beginning and end of the day and separate personal items into cubbies or baskets that are not shared with other students.
- Staff and students will cover coughs and sneezes with a tissue or elbow instead of hands. Used tissues will be thrown in the trash, and hands should be washed immediately with soap and water for at least 20 seconds.
- Classes and employees will be encouraged to create their own hand signals to replace shaking hands, hugging or giving high-fives.
- Disinfectant and related supplies will be available in all classrooms.
- The school will post signs at all entrances informing all who enter that they must:
  - Not enter if they have a cough or fever.
  - Maintain a minimum of 6-foot distance from one another.
  - Not shake hands or engage in any unnecessary physical contact.
- The school will post signs in highly visible locations (e.g., school entrances, restrooms) that promote everyday protective measures and describe how to stop the spread of germs (examples include properly washing hands and properly wearing a cloth face covering).
- The school will post signs in bathrooms with directions on how to effectively wash hands.
- The signs will include messages about behaviors that prevent the spread of COVID-19 when communicating with staff and families (such as on school websites, in emails, and on school social media accounts).



## **NURSE/HEALTH PERSONNEL**

- Personal Protective Equipment (PPE) – gloves, masks, face shields, touch-free thermometers, sanitizers/cleaner, hand soap, tissues will be available for health room and for other building use as needed.

- Students are encouraged to wear their own masks. Students are also encouraged to clean or launder their own masks daily.
- Surgical masks are available for health room staff members; any employee working with a medically fragile child; and any person exhibiting symptoms.
- A separate room will be provided, in each building, for students/staff exhibiting signs/symptoms of COVID-19 while waiting for pickup.
- Separate rooms will be disinfected frequently and have restricted access.
- Medication schedules may be revised to minimize the number of students in the nurse's office at one time.













## EXCLUSION FROM SCHOOL

- Students and employees exhibiting symptoms of COVID-19 without other obvious explanations are prohibited from coming to school. If they do come to school, they will be sent home immediately. School districts should be familiar with the symptoms of COVID-19 based on KDHE guidance (See Appendix A: Coronavirus vs. Cold vs. Flu vs. Allergies).

# COVID-19

### CORONAVIRUS vs. COLD vs. FLU vs. ALLERGIES

SYMPTOMS	COVID-19*	COLD	FLU	ALLERGIES
 <b>Fever</b>	Common (measured at 100 F or higher)	Rare	High (100-102 F), can last 3-4 days	No
 <b>Headache</b>	Sometimes	Rare	Intense	Sometimes
 <b>General aches, pains</b>	Sometimes	Slight	Common, often severe	No
 <b>Fatigue, weakness</b>	Sometimes	Slight	Common, often severe	Sometimes
 <b>Extreme exhaustion</b>	Sometimes (progresses slowly)	Never	Common (starts early)	No
 <b>Stuffy nose</b>	Rare	Common	Sometimes	Common
 <b>Sneezing</b>	Rare	Common	Sometimes	Common
 <b>Sore throat</b>	Rare	Common	Common	No
 <b>Cough</b>	Common	Mild to moderate	Common, can become severe	Sometimes
 <b>Shortness of breath</b>	In more serious infections	Rare	Rare	Common
 <b>Runny nose</b>	Rare	Common	Sometimes	Common
 <b>Diarrhea</b>	Sometimes	No	Sometimes**	No

For more information: [www.kdheks.gov/coronavirus](http://www.kdheks.gov/coronavirus)

\* Information is still evolving.  
 \*\* Sometimes for children.

APPENDIX A

- <https://www.ksde.org/Portals/0/Communications/Navigating%20Change/Appendix.pdf?ver=2020-07-15-141507-553>
- The current known symptoms are:
  - Fever (100.4 or higher).
  - Chills.
  - Rigors (feeling of cold and shivers).
  - Muscle or body aches.
  - Fatigue.
  - Headache.
  - Sore throat.
  - Lower respiratory illness (cough, shortness of breath or difficulty breathing).
  - New loss of taste or smell.
  - Diarrhea

#### **TEMPERATURE AND SYMPTOM SCREENING**

- All staff and students will be screened daily by taking their temperature upon entry of school facility. Temperature checks will take place by designated staff with no-touch thermometers.
- All staff members will also complete Employee Health Screening Form daily upon entry to school facility.
- Parents must screen each student every morning for the current known symptoms of COVID-19. If your student has any of the symptoms listed in the above section, they must stay home.

#### **MEDICAL INQUIRIES**

- Given the nature of the pandemic, the school district will make additional medical inquiries of staff members and students than they otherwise would have. If a parent/student/staff member reports illness, the school may ask whether they are exhibiting any symptoms of COVID-19.
- The school may take temperatures of students, employees and visitors to school property on a random basis.
- If someone is coughing or sneezing, he or she may be excluded to minimize the spread of bodily fluids, even if the person is not exhibiting signs of COVID-19. If a person is obviously ill, the school may make additional inquiries and may exclude the person from school property.

#### **PERSONAL PROTECTIVE EQUIPMENT (PPE)**

- Some employees may be required to wear additional PPE when directed to do so by the school's protocol or the employee's supervisor.

## DEFINING A CASE OF COVID-19 DISEASE AND INFECTIOUS PERIOD

- A person is considered a case of COVID-19 disease if they have tested positive for the SARS-CoV-2 virus by a diagnostic test (PCR or antigen). Based on what we currently know, a case is considered infectious two days prior to the onset of symptoms through at least 10 days after the onset of symptoms. For cases that do not have symptoms, the infectious period is considered as two days prior to the date the sample was collected through a minimum of 10 days from the date the sample was collected. Cases must remain in isolation until they have met the criteria for release from isolation set by KDHE or the local health department (See Appendix B: Isolation and Quarantine Release graphic)

NAVIGATING CHANGE: KANSAS' GUIDE TO LEARNING AND SCHOOL SAFETY OPERATIONS

APPENDIX B

**Kansas**  
Department of Health and Environment  
*\*Adapted from TN Dept of Health*

### RELEASING CASES AND CONTACTS FROM ISOLATION AND QUARANTINE

#### CASES

Must be isolated for a **minimum** of 10 days after onset and can be released after afebrile and feeling well (without fever-reducing medication) for at least 72 hours, whichever is longer.

**Onset date** (or specimen collection date if onset unclear or asymptomatic) — **Minimum 10 days** — **+ Afebrile and feeling well for at least 72 hours** — **Case released from isolation**

*Note: Lingered cough should not prevent a case from being released from isolation.*

**Examples:**

- A case that is well on day 2, and afebrile and feeling well for 72 hours, can be released from isolation on day 10.
- A case that is well on day 6, and afebrile and feeling well for 72 hours, can be released from isolation on day 10.
- A case that is well on day 14, and afebrile and feeling well for 72 hours, can be released from isolation on day 17.

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#### HOUSEHOLD CONTACTS

Must be quarantined for 14 days after the case has been afebrile and feeling well (because exposure is considered ongoing within the house).

If a household contact develops symptoms, they should be tested.

*This means that household contacts may need to remain at home longer than the initial case.*

**Examples:**

- A case is well 3 days after onset, case released from isolation on day 10, household contact must remain quarantined until day 24.
- A case is well 7 days after onset, case released from isolation on day 10, household contact must remain quarantined until day 24.
- A case is well 14 days after onset, case released from isolation on day 17, household contact must be quarantined until day 31.

**Case's onset date** — **14 days** — **Case is afebrile and feeling well** — **Household contact is released from quarantine**

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#### NON-HOUSEHOLD CONTACTS

Must be quarantined for 14 days from the date of last contact with the case.

**Date of last contact with case** — **14 days** — **Non-household contact is released from quarantine**

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<https://www.ksde.org/Portals/0/Communications/Navigating%20Change/Appendix.pdf?ver=2020-07-15-141507-553>

## DEFINING A CLOSE CONTACT

- A person is considered a close contact of a case if they were within 6 feet of the case for 10 minutes or more or if they had exposure to secretions (for example, being coughed or sneezed on). Close contacts must remain in quarantine until they have met the criteria for release from quarantine set by KDHE or the local health department (See Appendix B: Isolation and Quarantine Release graphic).

## RETURN TO SCHOOL AFTER EXCLUSION DUE TO SYMPTOMS OF COVID

Once a student or employee is excluded from the school environment, they may return if they satisfy the recommendations of KDHE or the local health department. Currently those guidelines are:

- **Untested.** Persons who have not received a test proving or disproving the presence of SARS CoV-2, the virus that causes COVID-19, but experience symptoms may return if the following conditions are met:
  - Ten (10) calendar days have passed since symptoms first appeared  
AND
  - Fever free for 72 hours without the use of fever reducing medicine and other symptoms have improved (for example, when cough or shortness of breath have improved).
  - Whichever criteria is longer. Meaning, a minimum of 10 days.
- **Tested and awaiting results.** Persons who are suspected of having COVID-19 disease and are awaiting test results should be isolated at home until test results are received.
- **Positive result.**
  - Symptomatic cases may return if the following conditions are met:
    - Ten (10) calendar days have passed since symptoms first appeared  
AND
    - Fever free for 72 hours without the use of fever reducing medicine and other symptoms have improved (for example, when cough or shortness of breath have improved).
    - Whichever criteria is longer. Meaning, a minimum of 10 days.
  - Asymptomatic cases may return if the following conditions are met:
    - Ten (10) calendar days have passed since the date sample was collected  
AND
    - Symptoms have not developed.
    - If symptoms develop during the 10- day isolation period, then follow the above criteria for symptomatic cases with a new isolation period starting from the day symptoms started.
- **Negative result.**
  - Known exposure to a COVID-19 case or travel from a location on the KDHE Travel related Quarantine List People who are identified as close contacts of a COVID-19 case or have travelled from a location on the KDHE Travel-related Quarantine List must be quarantined for 14 days. A negative test result within the 14-day quarantine period does not affect the quarantine period and the person must finish their 14-day quarantine.
  - During the quarantine period, student or staff will be expected to shift to remote learning.
  - No known exposure to a COVID-19 case or travel-related exposure. People who have not been identified as a close contact to a COVID-19 case and have not

travelled from a location on the KDHE Travel-related Quarantine List may return to work/school.

## **OTHER STUDENTS AND EMPLOYEES IN THE HOUSEHOLD**

- If a student or employee is excluded from school because of a positive COVID-19 test, other students and employees living in the same household are considered close contacts and will be excluded from school for a mandatory 14-day quarantine period, which begins after their last exposure to the case. If the household contacts continue to live in the same household as the case while the case is in isolation, the 14-day quarantine period for household contacts begins once the case is released from isolation by Public Health (See Appendix B: Isolation and Quarantine Release Graphic).
- If a student or employee is excluded from school on a 14-day mandatory quarantine period because they have been identified as a close contact of a case, then other students and employees living in the same household are considered contacts of a contact and do not need to be excluded from school unless they were also identified as a close contact of a case.

## **TRAVEL-RELATED QUARANTINE**

- If a student or employee has recently traveled from a location on the KDHE Travel related Quarantine List, the student or employee is subject to a mandatory 14-day quarantine starting from the day after they return to Kansas.
  - Please refer to the following - [Travel & Exposure Related Isolation / Quarantine | KDHE COVID-19](#)
  - <https://www.coronavirus.kdheks.gov/175/Travel-Exposure-Related-Isolation-Quaran>

## **SCHOOL RESPONSE TO STUDENT OR EMPLOYEE IN ISOLATION OR QUARANTINE**

- As soon as the school becomes aware of a student or employee that has been diagnosed with COVID-19 disease, the custodial staff will be informed so that all desks, lockers and workspaces of the person are thoroughly disinfected. If the school is not open when notification occurs, the custodial staff will wait 24 hours or as long as possible prior to disinfecting and instead will block off the area so that others do not have contact. However, if that is not possible or school is in session, the cleaning will occur immediately.
- School staff will immediately call the Harvey County Health Department and begin compiling a list of close contacts, including names, email addresses and phone numbers. Consider the two days prior to when the case started having symptoms or if the case was asymptomatic the two days prior to the date the sample was collected. Identify anyone who would have been within 6 feet for 10 minutes or more or would have had direct contact with secretions. Guardians of students who have been identified as close contacts and any staff identified as close contacts should be informed immediately. Close contacts must start a 14-day mandatory quarantine period starting from the day



after the last contact with the case. The list of close contacts should be shared with the local health department for follow-up during the quarantine period.

## **SEPARATION WHILE IN SCHOOL**

- Each school will have a room or space separate from the nurse's office where students or employees who may have COVID-19 or another communicable disease will wait to be evaluated or for pick-up.. Only essential staff and students assigned to the room may enter, all will sign in so that there is a record of the persons who entered the room, and the room will be disinfected several times throughout the day. Strict social distancing is required, and staff must wear appropriate PPE. Students who are ill will be walked out of the building to their parents.

## **CONFIRMED CASE OF COVID-19 IN THE SCHOOL BUILDING**

- When there is confirmation that a person infected with COVID-19 was in a school building, the school will contact the local health department immediately.
  - Option 1:** The school will close the school building for a minimum of two to five days and work with the local health department to assess factors, such as the likelihood of exposure to employees and students in the building, the number of cases in the community and other factors that will determine when the building should reopen. While the school building is closed, all school activities will be cancelled or rescheduled, regardless of whether the activity was to take place in the building or another location, including extracurricular activities, before and after-school programs and field trips. Parents/students and employees will be encouraged to stay at home until more information is provided by the school or the health department. All students will move to remote learning at that time.
  - Option 2:** The school may remain open but block off areas where the person infected with COVID-19 was in the school building until the area has been cleaned thoroughly. The school should work with the local health department to assess for close contacts within students and staff and inform those who are exposed that they must start a mandatory 14-day quarantine period.
- The school will contact parents/students and employees and notify them that a person that has tested positive for COVID-19 was in the building and encourage cooperation with the school and the local health department to trace contacts with the individual. The individual who tested positive will not be identified in communications to the school community at large.