



USD 439 COVID-19 Reference Guide

YOU NEED TO STAY HOME IF YOU HAVE:

Any **TWO** of the following:
(without an obvious explanation)

- Fever (>100 degrees F)
- Chills/shivering
- Cough
- Sore throat
- Headache
- Shortness of breath
- Difficulty breathing
- Fatigue
- Muscle or body aches
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea (without an alternate more likely reason)
- New loss of taste or smell

OR

You or anyone in your house is sick and being tested for COVID-19 **OR** been identified by the health department as a **POSITIVE CASE** of COVID-19 **OR** have been within 6 feet for at least 10 minutes, or direct exposure to cough, sneeze of a positive COVID-19 case.

OR

Have recently traveled from a location on the KDHE Travel-related Quarantine List
<https://www.coronavirus.kdheks.gov/175/Travel-Exposure-Related-Isolation-Quaran>

WHEN CAN I RETURN TO SCHOOL?

Evaluated by a
Healthcare Provider

No doctor's visit
No COVID-19 testing

Tested for COVID-19
(Isolate at home while
awaiting results)

Positive for
COVID-19

Negative for
COVID-19

COVID-19 not
suspected
No test
performed

10 calendar days
have passed since
onset of symptoms

AND

Fever-free for 72
hours (without fever
reducing medication)

*Whichever is longer
(minimum of 10 days)

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Fever free for 72
hours (without fever
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*Whichever is longer
(minimum of 10 days)

If the individual is a
known close contact
to a COVID-19 case,
quarantine for 14
calendar days
OR

If not a close contact,
the individual may
return to school when
fever-free for 72
hours AND with a
doctor's release

Individual may
return to school
with a doctor's
release stating
a medical
diagnosis and
return to school
date